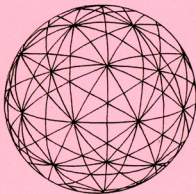


Simple Truths



by Kare Possick

***This little book of poetry
is my gift to you my sisters
in the Diamond Net..***

***And it is dedicated to
my daughter Jennifer
and the woman she has become.***

July 1995



Welcome To The Sisterhood

We are representatives of the mother,
And the children of God,
Whose marriage was consummated
in us
children produced by the fiber of love,
and made manifest
to enjoy
and remember our inheritance
as living family of God
striving for the magic
of uniting the many
back into the One.

As Surely As The Sun Comes Up a morning greeting

You've awakened me to a new day
So fill me with your light
And let me celebrate in it

And in that celebration
May I touch the lives of many
In only positive ways

Now let's focus on me
As I drink in the sun
And feel its warm carress

I open the seven portals of my soul
To let this light spark me
That I may glow and shine
In my own beautiful way

Let me always remember
Who I really am...
A spark of the infinite flame

And let my light grow
That I might come to know
The All who holds the many

In My Backyard

My backyard becomes
a wonderland.
My backyard
has come to life...
when I sit in awe
and experience it.

The sun
and the grass
and the gentle breeze.
The birdsong.
The spiderwebs.
The healing balm in dew.

It's a wonderland of nature,
The work of a divine hand.

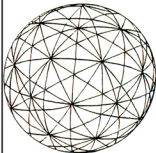
And when I look at
the thinker of this thought
I realize...
the divine hand
works through me
to care for this earth
and its creatures
including myself.

I now must share
this message with passion
as I come with ideas
of how to save it.

Oh Diamond Net
of conscious souls
let us unite
body, mind and spirit
to love the world
in our special ways.

For within us united
lies the ability to heal the earth
and ourselves in the process.

Amen. So Be It.



Thank You Ceremony

Thank you for the birds that sing to me
Thank you for the breeze to touch me
Thank you for the sights that thrill me
Thank you God for everything
Thank you for your sweet aromas
Thank you for your rainbow tastes
Thank you for the awe I feel
Thank you for the praise and joy
Thank you for the people near me
Thank you for the people far
Thank you for this special mission
Of taking it all in and being me

Being me?
Now what does that mean?
Is "me" different than yesterday?
Has "me" grown or not this hour?
Who am I if not right 'now'?

Now I hear your voice in birdsongs
Feel your touch on loving breeze
See your face in awesome nature
Taste you, smell you, love you

You fill me up with fiery red life energy itself.

You fill me up with determination and conviction
the color of bright orange sunsets.

You fill me up with solar power of golden sun itself...
the power for my mission.

You fill me up with healing green balm
of living growing love.

You fill me up with sourcewater blue peace
which allows my truthful words to flow.

You fill me up with amethyst insight
as seen through crystal caves.

You fill me up with violet bliss.

And I open the lotus of my soul
to receive your heavenly light.

Alchemist Of The Heart

The transformation of energy means...
Turning all forms of energy into pure love.

Transmute, Transform, Transfigure.

When we transform
hate into love
we share the divine spark
of enlightenment within us.

We are neither fully enlightened
or non-enlightened...
we either show a slight glimmer-
or we are one of many degrees of luminous.

For some, the degree of enlightenment
looks more like a cartoon character
with an ah-ha look in his eyes--
The light bulb comes on by a ziggy head
and he has an instant of knowing,
a glimmer of hope.

For some,
it's like a ray of sunshine
popping its warm smile over the treetop
to say good morning, I still love you!

Or for some
it's like living in the spirit
--transformed--
having the crossed the threshold
between unknowing and knowing
between pain and joy
between suffering and peace
between dark and light
between disorder and order
between rejection and acceptance
between division and union
between the many and the one

Let me be an alchemist
of the heart
transmuting anger, fear and loneliness
with my thought, word and deed.

Let me breathe in
the breath of God
and feel the liquid love
pour in through my heart
and transmute my unknowing into knowing
my pain into joy
my suffering into peace
my darkness into light
my disorder into order
my rejection into acceptance
my division into union
the many into the one.

Then let me breathe in
the light of God
till only light pours back out
and I can
bless the world
through my thought, word and deed.

Let me breathe in
the pain and unknowing of a friend
and transform it in my heart
and breathe it out as love.

Let me breathe in
all suffering, all darkness, all despair
transforming it to light
and send it everywhere.

Let me be an instrument of peace.
Let me be an alchemist of the heart.

Therein Lies The Answer

*I look at Networking,
the philosophy,
as directing us...
allowing us to grow
and develop our abilities
to discern what is truly good for us,
and then encouraging us
to share this message
along with real caring support
to all who we can touch.*

*I look at Networking
as a way of life,
combining work and play
with people we care about and
who care about us.*

*Networking may be
the only real win-win system
in our society,
which fostered
the other side as well --
the side that,
because of misdirected focus,
has turned around
to hurt itself?*



*Our soil is depleted
and poisoned and drained.*

*Our air and our water
are polluted -- it's plain.*

*Our bodies and minds
are so wracked with pain.*

*And ...we have an answer
it's simple and clear --
buy from and share with
a friend you hold dear.*

*Let's put our heads together
so we will all benefit
For when two or more
are gathered in united mission --
therein lies the Answer.*

Garden of Care

What if everyone had a garden
and gave each other food and herbs?
What if we were taught how to honor and multiply our food?
How might this affect our health?
How might this affect our whole society?
What if we really did our part this time?
What if we created Eden in our own back yards?

We can bring those "what ifs" to fulfillment,
Just by doing this for ourselves in whatever small way we can.
Even if it only starts with a flowerpot on our windowsill.
Make it multiply.

It will help renew your health.
Plant a garden. Help it blossom.
Share its seeds. The cost is only love.
This we can spare if nothing else.

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What if we really did our part this time?
What if we recreated Eden in our own back yard?

The Inviters

What am I?
I am an "Inviter".
I invite people
to eat Super Blue Green Algae.

I invite people
to experience first hand
eating the food.

I invite people to
become a spark
in the Diamond Net
of awakening.

I invite people
to attain freedom
from their own oppression...

Whether that be
from poor health
or dead end jobs
or depression
and feelings of overwhelm.

I invite people
to celebrate with me.

Turning hope
into action
on our quest
to renew the world
one person at a time.

I am an Inviter.

I invite you to Celebrate.





The Truth

I have learned through years of networking
the power and potential
of the network.

I have evolved
into a real consumer advocate
and lifestyle advisor.

Because networkers shared with us
we were given access
to a whole new world
of life changing products
and a whole new concept
of personal business freedom and success.

Because of the network
we began to recognize
that the way to success,
the way to real health and happiness
comes from working together
sharing, supporting and caring

Success comes from
helping each other
understand the problem
of our products and foods,
of our water and air.

Success comes from
helping each other understand
that we do not have to be victims
of big businesses, that
because of the profit motive,
have denatured, chemicalized,
poisoned our products
our foods, air and water,
have inflated the costs
and made us work harder

So now we work harder
To pay the great price
for the poisonous produce
which makes us much weaker
which ruins our health.

Health?

Oh, don't worry.
Now we have health care!
Which followed big business' lead
to serve profit ...
not people.

So thank God for the Network
Solution to Madness.
Thank God for the Network
A system that cares
A system like family
A system that shares.

It shares out of caring
It shares out of love
It shares a rich blessing
Of light from above.

That light is the knowledge
of nature's own way.
That light is the message
of owning your day.
That light is the freedom
to create all your dreams,
And teach that to others.
Easy as it seems!

Yet not all networkers --
not all networking companies,
have evolved to this space.
But the more that we share
we can quicken the pace.

And the pace is important.
The time's drawing near.
We've damaged our world
And the ones we hold dear.

It's time to wake up.
It's time to speak up

To empower ourselves
and take responsibility
for our own health,
our own lifestyle.

It's time to live our dreams
and create a bright future
for ourselves
for our children
for our grandchildren's children.

It's time for a change.
We can make a difference.

The Network is the Supreme Vehicle.

I am proud to be part of this well thought out plan.
I have taken the torch
to light up my way.
And then I reflect it
so others might see.
It's of value to them.
It's of value to me.

A network is special.
No leaders or followers.
Only people
like you and me
working together
to create a better way.

The Grapefruit Tree

In my backyard
a grapefruit tree grows.

You're a grandmother tree.
Ancient, sturdy.
Reaching to the sun
in graceful green.
Offering up your fruits
unfailingly...
even though we have
encroached your space
with our living,
polluted your air
with our noise
and our smog,
run electrical lines
all around you,
and poured chemicals
into your soil.

Yet still you are
magnificent.
You are appreciated
by many,
especially me,
for your beauty
and your sweet fruits.

They are my breakfast.
They are gifts to my friends.
They are nourishment
for the land where I live.
They are the love of God
physically manifested.

Bless you my grandmother.
Tree of my clan.
Universe of peace and shelter.
Symbol of who
I am to become.

The Path

When you're on your path, magic happens.
When you're on your path, what you touch turns to gold.
When you're on your path, success is manifest.
When you're on your path, each moment is bold.

When you're on your path, a network opens...
You attract what you give out.
Give out love and give out caring.
You'll receive what you've been sharing.

Networks make the most of contacts.
Contacts soon become good friends.
Friends continue sharing, caring.
Magic happens on your path.

The Difference

Live and let live.
Encourage out of caring.
Be gentle
with your customers
and your associates.

We are all independant
yet when we work together
as a team
we can all prosper
and we will all share more
and do greater good.

Some companies I know of,
and some business builders I've met,
seem ruthless in their approach ...
because their's is only an effort
to make money for themselves.

Ours is a company
with caring people
on a mission
to feed the world.

Birdsong

Listen to the birdsong
listen carefully
to the bird calls close by
and far away.

Enter the tapestry of their sound
and you'll hear how
disunity
merges into unity...
you'll hear how
the many
merge into the one.

Feel the sound's electricity.
Sense the life spark
in their song.
Know the power
in their mother nature's bosom
also nourishes us.

We are brother
to the songbird,
sister to the herbs
part of mother nature's family...
mother nature's black sheep
mother nature's prodigal son
mother nature's awakening child
mother nature's enlightened one.

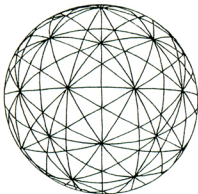
Spending Time

Let's spend time talking nice to ourselves
We often do the other
Let's spend time showing ourselves we care
We often do the other
Let's spend time beholding ourselves with love
We often do the other
Let's spend time feeling the way love touches our lives
We often ignore these
Let's spend time appreciating everything, everyone

Let this sacred praise continue as long as the day is long

For every birdsong is a blessing
Every soft breeze is a loving touch
Every heartbeat is your message
Let's me know you love me much

Let me spend time living fully
In the moment, in the now
Let me spend time in the pure joy
Knowing all of this is you.



Today

Give me a day
Your day
When you will listen
When I talk to you
Look at what I show you
Feel our communion
And know
How much I love you

I am your mother

Poem To Jenny

My sure little lion cub
First of the pride,
I've opened my heart to you
Opened it wide.

I've watched you in wonder
From the instant you chose me
As you've grown
From a spark in the infinite...

Into a woman
Of great beauty
And talent
And faith.

Faith? In what?--You may ask.
I've no formal religion.
Faith in life--is my answer,
Faith in fairness and love.

Faith in what?--You may ask me.
And this is my answer.
Faith there's a God
In the heavens above.

And faith in yourself
In your goodness inherent,
Faith in your future
Your path filled with joy.

My Blessings, My Blessings,
Oh child of the future,
The hope of the elders,
The star of the pride.



**Are You Willing
To Pay The Price
For Success?**

Maybe.
I don't know the price.
What is the price for success?

The price is your self.
Are you willing
To give your self
To success?

Are you willing
To marry your dreams
And be faithfull
Through the hills and valleys of your life
Keeping steadily affixed
To your life's work?

Yes?

Then be who you are,
Recognizing your divinity
And rendering service
Through your own
Special form of work.

If you are willing,
Success will follow
In your footsteps
As your close companion,
Your mentor, your pleasure,
Your knowledge
Of the truth.

And the truth is,
You were born
A success
And the goal is in living it...

And in being who you already are.

I love you.

Mission Statement

This stuff is dead
that we've been putting in our bodies.

This stuff is dead
that we've been calling food.

There is no life, no force,
no spark of energy...
to nourish thee
to nourish thee.

We need real food
to love and heal our bodies.

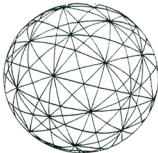
We need real food
to be what we can be.

We need it now
for we can wait no longer,
please nourish me
please nourish me.

We have the food
Oh god it is a blessing.

We have the food
we really have it now.

And we will share
with heart and soul and spirit
till all mankind
have been cared for and fed.



Networking Is The Answer

The answer to pollution
The answer to starvation
The answer to illness and poverty

It is the sacred action
With which to empower all our lives

Networking can be seen
As a Diamond Net
Surrounding the world
With links of light

The light is our sharing
The light is our caring
The light is our teaching

The light is soulshine--
Our souls shining
lighting the way for others

Some lights are very dim
While some are oh so bright
But when complete
All lights will meet
And oh how we will shine

And oh how we will shine!

Blessings to you!
Kare ⁿⁱ
Accept Miracles